



2011 Triple Bypass Practice Rides

Included in this flyer are suggested routes and days for previewing the Triple Bypass course in a group ride and avoiding the dreaded shuttle system. Please review the rides and contact me to answer questions and confirmation of attendance. I will be coordinating and leading each of the six practice rides.

A [WAIVER](#) will have to be completed to be able to participate. Please fill out/print/sign and bring with you to the ride. Only one waiver is needed for all rides. Let me know if you have concerns with the form.

These rides will be under our own support.

Distances and times are approximate with maps available to view.

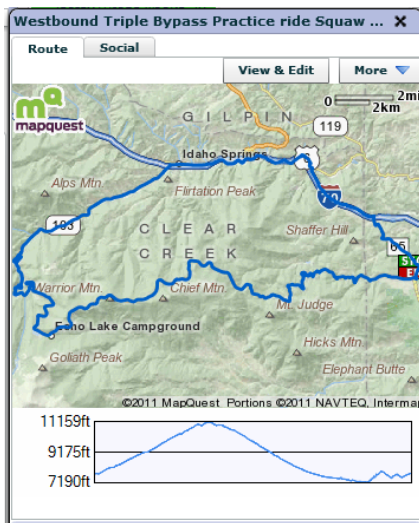
Be prepared for any kind of weather and bring plenty of everything including tubes, tools, patches, water and food. I will provide a First Aid kit (a few more can't hurt).

The point of these rides will be to get you familiar with the course, log some hours in the saddle (preparation for July 9th & 10th), meet some other riders, and enjoy the views while you practice, practice, practice. All of the below rides can be viewed on the [OES Training Rides Calendar](#) or click on the maps to link right to the route.

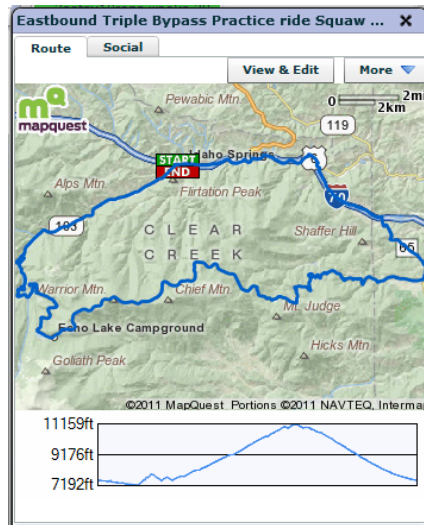
1. Westbound Squaw Pass June 4th 9am start
 - Loop fashion including Idaho Springs (approx 43 miles 4 hours)
 - To the top and back (approx 36 miles 3 hours)
 - i. Directions can be provided, starting at Evergreen, Bergen Park-n-Ride
2. Eastbound Squaw Pass June 5th 9am start
 - Loop fashion including Bergen Park finish (approx 43 miles 4 hours)
 - To the top and back (approx 30 miles 2.5 hours)
 - i. Directions can be provided, starting at Idaho Springs parking behind Beau Jo's
3. Westbound Loveland Pass June 18th 9am start
 - To the top and back (approx 60 miles 4.5 hours)
 - i. Directions can be provided, starting at Idaho Springs parking behind Beau Jo's
4. Eastbound Loveland Pass June 19th 9am start
 - To the top and back (approx 50 miles 4 hours)
 - i. Directions can be provided, starting at Frisco West end of Main street (parking area just west of Forest drive)
5. Westbound Swan Mountain road/Vail Pass June 25th 9am start
 - Keystone resort to Vail pass via Swan MTN road and return (approx 50 miles 4 hours)
 - i. Directions can be provided, starting at Keystone resort River Run Plaza parking lot
6. Eastbound Avon/Vail/Vail Pass June 26th 9am start
 - Avon to Vail to Vail pass and return (approx 50 miles 4 hours)
 - i. Directions can be provided, starting at Avon Walmart parking lot

Please [RSVP](#) for each ride you plan to attend. Forward this Flyer to others who might be interested.

Click on the images below to view and interact with the maps of the practice rides



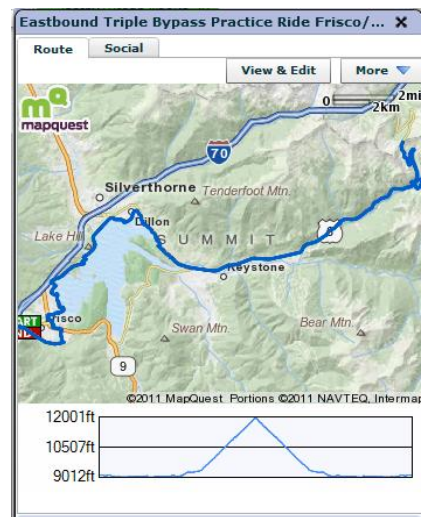
June 4th Saturday



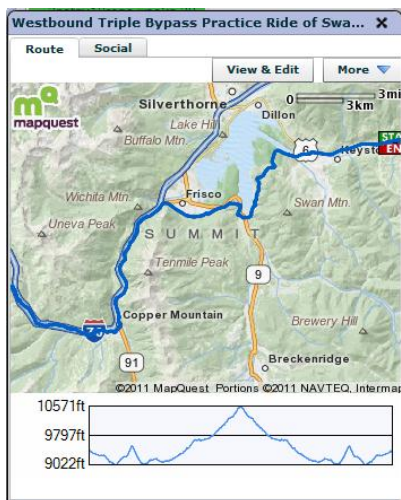
June 5th Sunday



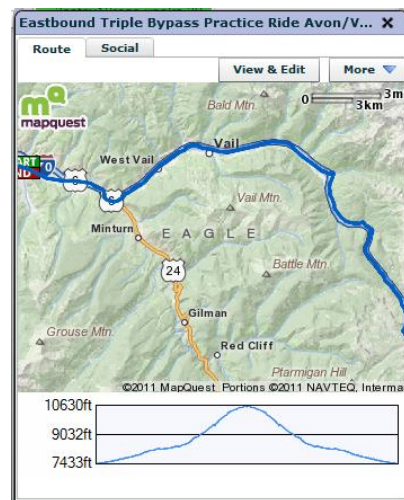
June 18th Saturday



June 19th Sunday



June 25th Saturday



June 26th Sunday